

Treatment Menu

Lakeside

Lakeside Skin Therapy is home to Beechworth's practicing Corneotherapist & Prologic's Peoples Choice Award Victorian Runner Up 2025

CORNEOTHERAPY, NATUROPATHY FOR THE SKIN.

In the 1960's, Dermatologist, Dr Albert Kligman and his team discovered the importance of our skin barrier defense system. The medical term Corneotherapy was born and is the progressive and remedial skin treatment methodology with its core principle being the protection, repair and maintenance of the skin barrier defense systems.

Relax in knowing ALL our facial treatments REPAIR, RESPECT and REGENERATE the skin barrier function, allowing your skin to relax and begin functioning as it should.

EVERYTHING YOUR SKIN NEEDS AND NOTHING IT DOESN'T

Skin Needling

Collagen Induction Therapy

(Micro skin needling)

ABOUT

Lakeside Skin Therapy uses TGA approved medical micro-needling device, EXCEED, and is performed by advanced skin needling Therapist, Annie, for a safe and comfortable treatment with minimal downtime.

Skin Needling uses ultra-fine needles to create tiny, controlled micro-injuries in the skin, stimulating the body’s natural healing process to boost the production of collagen, elastin and hyaluronic acid; key elements for firm, smooth and youthful skin.

It is proven to be highly effective in correcting cell functions, improving skin texture, reducing pigmentation, softening fine lines and scars; promoting overall skin health and integrity.

Targeted Skin Concerns:

Acne scarring	Surgical scarring	Pigmentation	Striae	Uneven skin Texture
Reduce pore size	Fine lines	Rosacea	Overall skin health	

For optimal results, we recommend preparing your skin for a minimum of 4 weeks prior to treatment with a personalized Prologic Skincare regime including vitamins A, B, C and E, along with an Omega -3 supplement. Following your treatment you’ll receive a take home post care goodies bag which includes a Prologic Bio HydraCell sheet mask, cleanser and moisture to nourish and support

PRICING

SINGLE TREATMENT	490
3 TREATMENT BUNDLE (to be used within 8 months)	1,350

Facial Treatments

SKIN ANALYSIS

50 minutes / \$95

Pivotal to achieve brilliant results. A full clinical consultation to assess your skin taking into account your skin concerns, medical history and skin type. Lakeside Skin Therapy will create a personalized skincare regime to address your concerns, this may include recommendations for skincare (receive 20% off any purchase of products on the day). Recommendations for clinical treatments, lifestyle changes to improve the health and appearance of the skin. You will receive a customized facial treatment on the day and education on how to effectively use skincare

ENZYME FACIAL

45 minutes / \$95

45 minute skin transformation, ideal for those seeking a quick yet thorough revitalization, this express facial is your secret weapon to rejuvenated, radiant skin. Begin with the Prologic Signature Cleansing Treatment, a soothing ritual that refreshes your skin while protecting its natural barrier. Relax as the Pineapple and Papaya enzyme mask enhances skin renewal, revealing a radiant, dewy glow. Conclude with a personalized Prologic product prescription to nurture your skin and achieve the flawless glow you desire.

LED ENZYME FACIAL

40 minutes / \$60

LED facial treatments deliver specific wavelengths that penetrate the skin, triggering cellular responses to improve skin health. LED treatments can help with collagen production, reduce inflammation and increase blood flow. LED light therapy utilizes various light colours, each with its own wavelength and penetration depth. Following a double cleanse and enzyme exfoliation, the correct light colour will be selected to address your skin concern.

LAKESIDE SIGNATURE

90 MINUTES / \$170

Pure decadence, rediscover the source of beauty with natural ingredients bursting with vitality. Treatment begins with a heavenly back massage, jojoba gentle cleanse, aromatherapy towels and progresses to a blissful and restoring Prologic facial. Double cleanse with pre-cleanse oil and cream cleanser, fruit enzyme exfoliating mask, pressure point and lymphatic drainage, décolletage, neck and facial massage, personalized mask, foot massage, hot towels, finishing serums before drifting out to the world

CUSTOMISED CORNEOTHERAPY FACIAL

120 minutes / \$240

160 minute skin transformation. Experience the ultimate Prologic infusion tailored to your skin's needs. Begin the treatment by melting into the warm, cozy bed with a back massage and hot towels, then settle into your heavenly corneotherapeutic facial.

Enjoy a personalized cleansing and enzyme exfoliation that refreshes and revives your complexion. Relax with our transformative facial massage, combining sculpting and lymphatic techniques to rejuvenate and enhance your natural glow. A specialized mask enhances results, while your lower legs and feet experience a soothing massage.

Treatment concludes with luxurious finishing products for radiant plump skin.

Massages

AROMATHERAPY MASSAGE

30 minutes / \$50

60 minutes / \$80

90 minutes / \$120

+ hot stones / \$10

Leave the fast pace behind and step into pure serenity. Our aromatherapy relaxation massage blends mindful breathing with long, firm, flowing strokes to release tension, soften muscles, and calm the nervous system—lowering cortisol as warm, aromatic oils nurture the senses. For an even deeper melt, **add hot stones:** smooth, gently heated basalt stones glide over key areas to infuse comforting warmth and encourage profound muscle release. Your ritual concludes with blissful hot towels for a cocooned, spa-fresh finish.

Waxing & Tinting

Waxing & Tinting

FACE WAXING

TOP LIP	12
TOP LIP & CHIN	25
BROW & TOP LIP	30
FULL FACE	30

UPPER BODY WAXING

UNDER ARM	20
1/2 ARM	30
FULL ARM	35

BROWS & LASHES

LASH TINT	25
LASH DYE (Brow Code)	30
BROW TINT	20
BROW MAPPING/TINT & LASH DYE	60
BROW MAPPING	35
BROW TIDY	20
LASH LIFT	75
LASH LIFT & TINT	90
LASH LIFT/TINT & BROW MAPPING/TINT	115

LOWER BODY WAXING

1/2 LEG	35
FULL LEG	55
BIKINI	25
BIKINI XX	35
BRAZILLIAN	45
1/2 LEG & BRAZILLIAN	80
FULL LEG & BRAZILLIAN	90

Did you know that Hot waxing dates back to ancient times, where a mixture of beeswax and sugar were used to remove hair in ancient Egypt?

In medieval times, women in Europe used a mixture of honey and oil to remove hair from their bodies.

Fast forward to the modern era, and hot waxing has become a popular and effective hair removal method. Lakeside Skin Therapy takes pride in using an Australian made hot wax, free from Parabens, phthalates or silicones and of course, not tested on animals.